

## PHYSICAL EXAMINATION OF STUDENTS

Every student will be carefully examined by a duly licensed physician, nurse practitioner or physician's assistant as follows:

Within one year prior to entrance to school or within 30 days after school entry and at intervals of either three or four years thereafter. A student transferring from another school system shall be examined as an entering student. Health records transferred from the student's previous school may be used to determine compliance with this requirement. Student under 16 or over 14 years of age requesting employment certificates must have a valid physical exam on file.

Every candidate for a school athletic team will present the signed consent of parent or guardian in order to participate in competitive athletics and will, with the signed consent of parent or guardian, be examined on an annual basis by a health care provider to determine physical fitness. A written report stating the fitness of a student to participate, signed by the physician, will be sent to the health office.

The school physician will make a prompt examination of all children referred to him/her by the school nurse. He/she will examine school employees when, in his opinion, the protection of the student's health may require it.

Every student will be screened for vision in the year of school entry, and annually through grade 5 (or by age 11 in ungraded classrooms,) once in grades 6-8 (or ages 12-14 in ungraded classrooms,) and once in grades 9-12 (or ages 15-18 in ungraded classrooms.) The vision of each student shall be tested by means of the Massachusetts Vision Test or other comparable method approved by the Massachusetts Department of Public Health.

Every student will be screened for hearing in the year of school entry, and annually through grade 3 (or by age 9 in ungraded classrooms,) once in grades 6-8 (or ages 12-14 in ungraded classrooms,) and once in grades 9-12 (or ages 15-18 in ungraded classrooms.) The hearing of each student shall be tested by means of the Massachusetts Hearing Test or other comparable method approved by the Massachusetts Department of Public Health.

Every student will be screened for Body Mass Index (BMI) in grades 1, 4, 7, and 10 (or in the case of ungraded classrooms, by a student's 7th, 10th, 13th, and 16th birthday.) BMI is calculated and reported directly and confidentially to a parent or legal guardian.

LEGAL REFS.: 105 CMR 200.000; M.G.L. 71:53; M.G.L. 71: 54; M.G.L. 71:56

CROSS REF.: JF, School Admissions